

July 2019

ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 HAPPY CANADA DAY 10:00am Solo Cup Game DR 1:00pm Canada Day Drinks and Snacks on The Patio 	2 10:00am Pictionary DR 10:30 am Pet Therapy 2:00pm Bingo 1DR	3 11:15 am Stretch and Strength Exercise 2:00pm Sing Along w Lawrence Earl ZTV 6:30pm Bingo DR	4 National Country Music 10:00am Morning Walks with Des (Weather Permitting) 12:00pm Country Music at Lunch 1:00pm Summer Time Frozen Treats	5 8:00 am Breakfast Club 10:00am Blood Pressure & Weight Clinic WC	6 10:00am Sing Along w Fay RR 6:15pm Movie Night 
7 Chocolate Day 10:00am Hymn Sing w Fay ZTV 6:30pm Sunday Night Bingo RR 	8 10:00am Hangman Game DR 2:00pm Afternoon Darts RR	9 Sugar Cookie Day 9:15 Stretch & Strength Exercise DR 2:00 pm Bingo 1DR 	10 9:30am Pictionary & Timmies 2:00 pm Owlfix Films Virtual Reality RR	11 Blueberry Muffin Day 10:00am Morning Walks with Des (Weather Permitting) 1:00pm Milkshake Madness 	12 Pecan Pie Day 8:00 am Breakfast Club 10:00am Bean Bag Toss Outside (Weather Permitting) 2:00pm Birthday Party w Robert D'Druz 1DR	13 9:30am Manicures 12:00pm Resident Choice Lunch 10:00am Karaoke w Jessica RR 6:15pm Movie Night
14 9:30am Balloon UP Game DR 6:30pm Sunday Night Bingo RR	15 9:30am Yahtzee DR 1:00pm Ice Tea Drink & Social on Patio	16 10:00am Pictionary DR 10:30 am Michael the Piano Man ZTV 2:00pm Bingo 1DR	17 11:15 am Stretch and Strength Exercise 2:00pm Sing Along w Ronnie & Pat 1DR 6:30pm Bingo DR	18 10:00am Morning Walks with Des (Weather Permitting) 1:00pm Summer Time Frozen Treats	19 Daiquiri Day 8:00 am Breakfast Club 1:00pm Dip in the pool & Daiquiris on patio 2:00 pm Sing Along w Barb Holtman ZTV	20 10:00am Hangman Game DR 6:15pm Movie Night
21 National Ice Cream Day 10:00 am Church Service ZTV 1:00pm Ice Cream Parlor & Social DR 6:30pm Bingo RR 	22 10:00am Balloon UP Game DR 2:00pm Happy Hour w Mike Tremblay 1DR	23 9:15am Stretch and Strenght Exercise DR 2:00 pm Bingo 1DR 	24 9:45am Splatter Paint Fun Outside (Weather Permitting) 11:15 am Stretch and Strength Exercise	25 10:00am Morning Walks with Des (Weather Permitting) 1:00pm Milkshake Madness 	26 8:00am Breakfast Club 1:30pm Resident Advisory Meeting in Dining Room	27 Cowboy Day 9:30 am Manicures 12:00pm Cowboy Luncheon 2:00pm Sing Along w Jessica RR 6:00pm Movie Night 
28 9:30am Bean Bag Toss Outside (Weather Permitting) 2:00pm Church Service w Bonnie & Deanna ZTV 6:30pm Sunday Night Bingo RR	29 9:30am Hangman Game DR 1:00pm Lemonade & Social on the Patio	30 Cheesecake Day 9:15am Stretch and Strenght Exercise 10:30am Trip to Cobourg Beach 2:00pm Bingo 1DR	31 9:30am Hangman Game DR 11:15 am Stretch and Strength Exercise 6:30pm Bingo DR			
Activities Subject to Change Nursing Home Retirement Home						



Marjorie M
July 5th



Regency Retirement Community

66 Dorset Street E,
Port Hope, ON
L1A 1E3 Canada
t. 905.885.4558
f. 1.855.226.9012