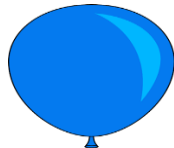
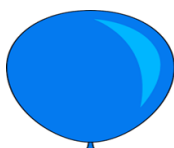



August 2019

ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 4 Chocolate Chip Cookie Day 10:00am Make Chocolate Chip Cookies DR 6:30pm Sunday Night Bingo RR 	5 Civic Holiday 9:30 am Bingo DR 1:00pm Balloon UP Game DR 	6 9:30am Bean Bag Toss on Patio (Weather Permitting) 2:00 pm Bingo 1DR	7 National Lighthouse Day 9:30am Make Your Own Lighthouse DR 5:00pm Chinese Dinner with Sue	1 10:00am Morning Walks with Des (Weather Permitting) 1:00pm Summer Time Frozen Treats 6:15 pm Outdoor Movie Night	2 International Beer Day 8:00 am Breakfast Club 10:00am Blood Pressure & Weight Clinic WC 1:00pm Beer Tasting on Patio (Weather Permitting)	3 National Watermelon Day 10:00am Pictionary in Dining Room 10:00am Sing Along w Fay RR 6:15pm Movie Night 6:30pm Jumbo Bowling RR 
11 9:30am Balloon UP Game DR 6:30pm Sunday Night Bingo RR 	12 9:30am Yahtzee DR 1:00pm Lemonade Drink & Social on Patio	13 10:00am Pictionary DR 2:00pm Bingo 1DR	14 Creamsicle Day 11:15 am Stretch and Strength Exercise 2:15pm Bingo DR	15 10:00am Morning Walks with Des (Weather Permitting) 1:00pm Summer Time Frozen Treats 2:30 pm United Church Service 2TV	16 Tell A Joke Day 8:00 am Breakfast Club 1:00pm Dip in the pool & Daiquiris on patio 2:00 pm Happy Hour w Darlene & Shamrock 1DR	17 10:00am Hangman Game DR 6:15pm Movie Night 
18 World Daffodil Day 9:30am Make A Daffodil DR 10:00 am Hymn Sing w Fay 2TV 6:30pm Bingo RR 	19 10:00am Balloon UP Game DR 	20 9:30am Bean Bag Toss on Patio (Weather Permitting) 10:30 am Sign Along w Kathy Vandersanden 2TV 2:00pm Bingo 1DR	21 Senior Citizen's Day 9:45am Splatter Paint Fun Outside (Weather Permitting) 11:15 am Stretch and Strength Exercise	22 10:00am Morning Walks with Des (Weather Permitting) 1:00pm Milkshake Madness	23 8:00am Breakfast Club 12:00pm Watermelon Luncheon Day 	24 9:30 am Manicures 2:00pm Sing Along w Jessica RR 6:00pm Movie Night 6:30 pm Crafts w Katie Firework Salt Painting RR
25 9:30am Bean Bag Toss Outside (Weather Permitting) 2:00pm Church Service w Bonnie & Deanna 2TV 6:30pm Sunday Night Bingo RR	26 National Dog Day 9:30am Hangman Game DR 1:00pm Lemonade & Social on the Patio 	27 9:15am Stretch and Strength Exercise 2:00pm Bingo 1DR	28 Race Your Mouse Day 9:30am Pictionary DR 11:15 am Stretch and Strength Exercise 2:00pm Mouse Race Game DR 	29 10:00am Make a Snack DR 5:30 pm Annual Family BBQ on the 1st floor Patio	30 Trail Mix Day 8:00am Breakfast Club 1:30pm Resident Advisory Meeting in Dining Room	31 10:00am Balloon UP Game DR 2:00 pm Pong Toss 2nd floor Patio 
Activities Subject to Change Nursing Home Retirement Home 						



Daniel. H
Aug 14th

Anna. F
Aug 23rd

Ian. C
Aug 24th

Welcome

Zofia, George ,
Ed.J
&
Suzanne. G



Regency
Retirement
Community

66 Dorset Street E,
Port Hope, ON
L1A 1E3 Canada
t. 905.885.4558
f. 1.855.226.9012