

# August 2021



## Regency Retirement Community

### ACTIVITY CALENDAR

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY  |
|--|---|---|---|---|---|---|
| <b>1</b><br>   | <b>2 International friendship</b><br>10:00am Blood pressure & Weight Clinic -Wellness Centre<br>1:30pm Bingo DR | <b>3 National Watermelon Day</b><br>10:15am Fruit & Juice Social<br>1:30 pm Chair Exercise DR | <b>4 Chocolate chip Cookie</b><br>10:00 Baking Group<br>1:30 Artist Impressions<br>                     | <b>5</b><br>10:15am Try a New Brew DR<br>1:30pm Chair Exercise                    | <b>6</b><br>8:00am Breakfast Club<br>10:30am Tuck Shop DR<br>1:30pm Bingo                 | <b>7</b><br>10:00am Manicures DR<br>1:30pm Movie                      |
| <b>8</b><br>10:00am Church Service DR<br>1:30pm Bingo DR<br>3:00pm Refreshment Break       | <b>9</b><br>10:00am Blood pressure & Weight Clinic -Wellness Centre<br>1:30pm Horse Race Game DR                | <b>10</b><br>10:15am Tuesday Juice Day<br>1:30 pm Chair Exercise DR<br>                       | <b>11</b><br>10:15 Walking Group DR<br>1:30 pm Bingo  | <b>12</b><br>10:15am Tim Horton's Coffee & Donuts<br>1:30PM Chair Exercise DR<br> | <b>13</b><br>8:00am Breakfast Club<br>10:30am Tuck Shop DR<br>2:30pm Happy Hour DR        | <b>14</b><br>10:00am Coffee/Juice Break<br>2:30pm Movie               |
| <b>15</b><br>10:00am Church Service -TV DR<br>2:30pm hymn Sing<br>3:00pm Refreshment Break | <b>16</b><br>10:00am Blood pressure & Weight Clinic -Wellness Centre<br>1:30pm Summertime Bingo DR              | <b>17</b><br>10:15am-Crockpot Cooking DR<br>1:30pm Chair exercise DR                          | <b>18</b><br>10:15am Baking Group DR<br>1:30pm Artist Impressions                                       | <b>19</b><br>10:15am Coffee & Chat DR<br>1:30pm Chair Exercise                    | <b>20</b><br>8:00am Breakfast club<br>10:30am Tuck shop<br>2:00pm Birthday Social DR<br>  | <b>21</b><br>10:00am Coffee & Juice Break<br>1:30pm Movie first floor |
| <b>22</b><br>10:00am Church Service-TV DR<br>1:30pm Bingo DR<br>3:00pm refreshment Break   | <b>23</b><br>10:00am Blood pressure & Weight Clinic -Wellness Centre<br>1:30pm Horse Race Game DR               | <b>24</b><br>10:15am Craft Group DR<br>1:30pm Moneyball Game DR                               | <b>25 Banana Split Day</b><br>10:00am Walking Group DR<br>2:30pm Musical Moments with Julia & friend DR | <b>26</b><br>10:15am Current Events DR<br>2:30pm Ice Cream Social - banana splits | <b>27</b><br>8:00am Breakfast Club<br>10:30am Tuck Shop DR<br>1:30 Residents Advisory Mtg | <b>28</b><br>10:00 am Coffee/Juice Break DR<br>2:30pm Movie           |
| <b>29</b><br>10:00am Church Service -TV DR<br>2:30pm Hymn Sing<br>3:00pm Refreshment Break | <b>30</b><br>10:00am Blood pressure & Weight Clinic -Wellness Centre<br>1:30pm Bingo Bonanza DR                 | <b>31</b><br>10:15am -Tuesday Juice Day<br>1:30pm Chair Exercise DR                           |   |   |   | <b>31</b><br>10:00am Coffee & Juice Break<br>1:30pm Bingo             |
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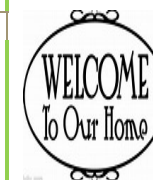


Bob Webb  
Aug 9

Dan  
Hunter  
Aug 14

Anna  
Farrell  
Aug 23

Ian Corrie  
Aug 24



Regency  
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