








# Regency Retirement Community



May 2022

## ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1 May Day</b> 10:00am Church Service-TV DR 2:30pm Bingo DR 	<b>2</b> 10:00am Blood pressure & Weight Clinic -Wellness Centre	<b>3 Sun Awareness Day</b> 10:30am-Fall Prevention Exercise DR 	<b>4 National Orange Juice</b> 1:00pm Baking Buddies 	<b>5</b> 10:15am Fall Prevention Exercise program 1:30pm Art program 	<b>6</b> 8:00am <b>Mother's Day Breakfast club</b> 10:30am Tuck shop	<b>7</b> 2:00 Movie DR
<b>8 Mother's Day</b> 10:00am Church Service DR 2:30pm Bingo DR 	<b>9</b> 10:00am Blood pressure & Weight Clinic -Wellness Centre	<b>10</b> 10:30am-Fall Prevention Exercise 2:30pm Ice cream Social DR 	<b>11</b> 10:30 Baking Buddies 1:30pm Card games DR	<b>12 Nutty Fudge Day</b> 10:15am Fall Prevention Exercise program DR 1:30pm Art program National Limerick day	<b>13</b> 8:00am Breakfast club 10:30am Tuck Shop DR 2:30 <b>Apple Pie Day</b>	<b>14</b> 2:00pm Movie DR
<b>15</b> 10:00am Church Service -TV DR 2:30pm Bingo DR 	<b>16</b> 10:00am Blood pressure & Weight Clinic -Wellness Centre Do something good for your Neighbor Day	<b>17</b> 10:30am - Fall Prevention Exercise 2:30pm Horse Race Game DR Cherry Cobbler Day	<b>18</b> 10:15am Tim Horton's Coffee & Donuts 	<b>19</b> 10:30am Fall Prevention Exercise Program DR 1:30pm Baking Buddies	<b>20 World Bee Day</b> 8:00am Breakfast club 10:30am Tuck shop 2:00pm Celebrate Birthdays DR	<b>21</b> 10:00am Manicures DR 1:30pm Movie first floor
<b>22</b> 10:00am Church Service-TV DR 2:30pm Bingo DR 	<b>23 Victoria Day</b> 10:00am Blood pressure & Weight Clinic -Wellness Centre 	<b>24</b> 10:15 am Morning Coffee & Chat 2:30pm Prize Bingo DR 	<b>25</b> 10:00am Baking Buddies 1:30pm Card Games DR	<b>26</b> 10:15am Fall Prevention Exercise program DR 1:30pm <b>Blueberry Cheesecake Day</b>	<b>27 Heat Awareness Day</b> 8:00 am Breakfast Club 1030am Tuck Shop DR 1:30pm Resident's Meeting DR	<b>28</b> 2:00pm Movie DR
<b>29</b> 10:00am Church Service -TV DR 2:30pm Bingo DR 	<b>30</b> 10:00am Blood pressure & Weight Clinic -Wellness Centre	<b>31</b> 10:30am-Fall Prevention Exercise 2:30pm Horse Race Game DR 				
May Flower: Lilies May astrological sign : Taurus until May 20th & then Gemini from May 21 May birthstone is Emerald						



Jean Edwards  
May 14

Muriel akimow  
May 16

Donna Gordon-Tennant

May 31



Regency Retirement Community

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