

NOVEMBER 2022



Regency Retirement Community

ACTIVITY CALENDAR



Kathleen
G
Nov 10

Barb C
November
17

Marlene M
November
17

Dolly B
November
25



Regency
Retirement
Community

66 Dorset Street E,
Port Hope, ON
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 2:30pm Coffee/Hot Cocolate & Chat 	2 9:00am Tuck Shop 2:30pm Bingo 	3 1:30pm Residents Advisory mtg 1st floor lounge (rescheduled from October 28) 	4 National Candy Day 1:30pm Arts & Crafts 	5 2:30pm Movie & Popcorn 1st floor
6 1:30pm Bingo DR 2:30 pm Refreshments Cart 	7 10:00am Blood pressure & Weight Clinic -Wellness Centre 2:00pm Smoothies DR 	8 National Cappuccino Day 10:15am Tim Horton's Coffee 1:30 pm Board Games Day DR 	9 9:00am Tuck Shop 10:30am Exercise Class DR 	10 National Cupcake Day 2:30pm Cupcake Social DR 	11 Remembrance Day 8:00am Breakfast Club 10:00am Remembrance Day Program 	12 10:00am Coffee/Juice Break 2:30pm Movie & Popcorn 1st Floor
13 2:30pm Refreshments Cart 1:30pm Prize Bingo DR 	14 10:00am Blood pressure & Weight Clinic -Wellness Centre 2:30pm Coffee/Hot Chocolate & Chat 	15 9:00am Tuck Shop DR 10:00am Baking Buddies - homemade bread 1:30pm Sing a Long 	16 9:00am Tuck Shop 10:30am Exercise Class DR 	17 2:00pm November Birthday Social with Entertainment DR 	18 8:00am Breakfast Club 1030am Exercise Class DR 	19 2:30pm Movie & Popcorn 1st floor
20 1:30pm Bingo DR 2:30pm refreshments Cart 	21 Gingerbread Cookie Day 10:00am Baking Gingerbread Cookies DR 2:00pm Apple Cider & Cookies Social 	22 10:00 Crockpot Cooking DR 2:30 pm Coffee/Hot Chocolate & Chat 	23 9:00am Tuck Shop 10:30am Exercise Class DR 	24 1:30pm Bingo 	25 8:00am Breakfast Club 9:00am Tuck Shop DR 10:30am Exercise class 	26 10:00 am Individual Manicures 2:30pm Movie & Popcorn 1st Floor
27 2:30pm Refreshment Cart 	28 10:00am Blood pressure & Weight Clinic -Wellness Centre 1:30pm Bingo DR 	29 1:30pm Christmas Arts & Crafts DR 	30 9:00 am Tuck Shop 10:30am Exercise Class DR 			
** Activities subject to change**						