

September



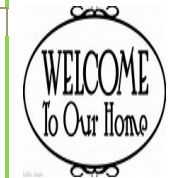
Regency Retirement Community

ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 8:00am Breakfast Club 10:30am Tuck Shop DR	2 2:30pm Bingo
3 10:00am Church Service DR 1:30pm Bingo DR 3:00pm Refreshment Break	4 Labour Day 10:00am Blood pressure & Weight Clinic -Wellness Centre Labour Day	5 10:15am Chair Exercise DR 1:30pm The Envelope Game DR 	6 10:15 Baking Group 1:15pm Residents Advisory Committee Mtg -1st floor Lounge	7 1:30PM Chair Exercise -Stretch & Strengthen DR 	8 8:00am Breakfast Club 10:30am Tuck Shop DR 1:30pm Bingo DR	9 10:00am Coffee/Juice Break 2:30pm Movie 1st Floor Lounge
10 3:00pm Refreshment Break 	11 10:00am Blood pressure & Weight Clinic -Wellness Centre 1:30pm Bingo DR	12 10:15am-Crockpot Cooking DR 2:30pm Chocolate Milkshake Day	13 Word Game Wednesday 1:30pm Crafts with Marlene DR 2:00pm Euchre	14 Cream Filled Donut Day 10:15 Coffee & Donuts 1:30pm Chair Exercise -Balls & Balloons	15 8:00am Breakfast cCub 10:30am Tuck shop 2:00pm Birthday Social DR	16 10:00am Coffee & Juice Break 2:30pm Movie first floor lounge
17 1:30pm Bingo DR 3:00pm refreshment Break	18 10:00am Blood pressure & Weight Clinic -Wellness Centre 1:30pm Lucky Dog Card Game DR	19 2:30pm Apple Cider & Cookies Social 	20 10:15am Baking Group - Make your own Pizza DR 2:00pm Grace Church -Pastor Dwayne DR	21 Gratitude Day 1:30pm Gratitude Day Crafts with Marlene DR	22 First Day of Fall 8:00am Breakfast Club 10:30am Tuck Shop DR	23 10:00 am Coffee/Juice Break DR 2:30pm Movie 1st Floor Lounge
24 3:00pm Refreshment Break	25 10:00am Blood pressure & Weight Clinic -Wellness Centre 2:00pm Ice-cream Social	26 10:15am - Chair Exercise DR 1:30pm Coin Bowling Game	27 10:00 Baking Group 1:30 Euchre/Puzzles	28 10:15am Chair Exercise - Balls & Balloons 1:30pm Bingo DR	29 8:00am Breakfast Club 10:30am Tuck Shop DR 2:30pm Octoberfest Happy Hour	30 10:00am Coffee/Juice Break DR
*** Activities Subject to Change***						



Allan H
Sept 12



Regency Retirement Community

66 Dorset Street E,
Port Hope, ON
L1A 1E3 Canada
t. 905.885.4558
f. 1.855.226.9012