






















OCTOBER



Regency Retirement Community

ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 2:30pm Refreshments	2 10:00am Blood Pressure & Weight Wellness Centre 2nd fl 1:00pm Tuck Shop 2nd Fl	3 1:30pm Bingo Tuesday 	4 1:30pm Resident Advisory Meeting, 1st floor lounge 	5 1:30pm Art & Crafts with Marlene 	1:30am Breakfast Club 10:30am & 1:30pm Tuck Shop	7 8:00am Breakfast Club 10:30am & 1:30pm Tuck shop DR
8 2:30pm Bingo DR 3:00pm Refreshment Break	9 Happy Thanksgiving 10:00am Blood pressure & Weight Wellness Centre 2nd floor 1:00pm Tuck Shop 2nd fl	10 1:30 pm Bingo Tuesday 	11 2:00pm Birthday celebration with Mike & Darlene 	12 9:30pm Baking Program -Make Pumpkin Pie 	13 8:00am Breakfast Club 10:30am & 1:30pm Tuck Shop DR	14 10:00am Coffee/Juice Break 2:30pm Movie
15 2:30pm Bingo 3:00pm Refreshment Break	16 10:00am Blood pressure & Weight Clinic -Wellness Centre	17 1:30pm Bingo Tuesday 	18 2:00pm Pastor Dwayne 	19 1:30pm Pumpkin Carving & Decorating 	20 8:00am Breakfast Club 10:30am Tuck shop 2:00pm Happy Hour with Art Lajambe	21 10:00am Coffee & Juice Break
22 2:30pm Bingo DR 3:00pm refreshment Break	23 10:00am Blood pressure & Weight Clinic -Wellness Centre 2:30pm Pumpkin Carving & Decorating 	24 10:00am Make Your Own Pizza 1:30pm Bingo 	25 1:30pm am Art Program DR 	26 10:15am Timmy's Coffee & Donuts DR 	27 8:00am Breakfast Club 10:30am Tuck Shop DR	28 10:00 am Coffee/Juice Break DR 2:30pm Bingo
29 3:00pm Refreshment Break	30 10:00am Blood pressure & Weight Clinic -Wellness Centre	31 2:00pm Halloween Party with Marty Hepburn 				28 10:00 am Coffee/Juice Break DR
October Birthdays No October Birthdays 						



Regency Retirement Community

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