

March 2024



Regency Retirement Community

ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 8:00 Breakfast Club DR 2:00 Afternoon Smoothies & Karaoke DR 	2 2:30pm Movie 1st floor
3 2:30pm Bingo DR 	4 10:00am Blood pressure & Weight Clinic -Wellness Centre	5 1:30pm Bingo with Kim DR 2:00pm St. John's Anglican Church Service 2 TV, LTC	6 10:30am Chair Exercise & Sing a Long 1:30pm Residents Council Meeting first Floor Lounge	7 1:30pm Art Program DR 6:30pm Evening Bingo with Linda 	8 8:00am Breakfast Club DR 1:30pm Tuck Shop DR	9 1:30pm The Word Game 
10 Daylight Saving Time 2:30pm Afternoon Refreshments 	11 10:00am Blood pressure & Weight Clinic -Wellness Centre 2:00pm Coffee & Donuts 	12 1:30pm Lucky Bingo with Kim 	13 10:30am-Chair Exercise -Balls & Balloons 1:30pm Euchre	14 10:00am Baking Group 2:00pm Fill Your Pot with Gold Game 2nd floor Lounge 	15 8:00am Breakfast club DR 2:00 Birthday Celebration with Robert D'Cruz 	16 2:30pm Bingo
17 2:30pm Afternoon Refreshments	18 10:00am Blood pressure & Weight Clinic -Wellness Centre 1:30pm Table Bowling	19 1:30pm Bingo with Kim 2:00pm St. Patrick's Sing a Long 2TV, LTC	20 2:00pm Church Service with Rev. Dwayne Parsons	21 World Poetry Day 2:30pm Poetry Day Activity 6:30pm Evening Bingo with Linda 	22 8:00 am Breakfast Club 1:30pm Tuck Shop DR 2:00pm Kareoke with Activation	23 1:30pm Spa Afternoon
24 2:30pm Bingo DR 	25 10:00am Blood pressure & Weight Clinic -Wellness Centre 2:00pm Coffee & Trivia	26 1:30pm Bingo with Kim 2:00pm St. John's Anglican Church Service 2 TV, LTC	27 10:30am Horse Race Game 2:00pm Happy Hour with Corby Leigh Kemp DR	28 10:00am Baking Group 1:30pm Euchre 	Good Friday 8:00am Breakfast Club DR 1:30 am Tuck Shop DR	30
2:00pm Coffee Social DR	31 March Birthstones Aquamarine- symbolizes youth, health & hope Bloodstone - represents strength & stealth March is National Craft Month & Nitrition Month					



Bill D  
March 2

Margaret O  
March 8

Paul C  
March 30



Regency Retirement Community

66 Dorset Street E,  
Port Hope, ON  
L1A 1E3 Canada  
t. 905.885.4558  
f. 1.855.226.9012