

May 2024



# Regency Retirement Community

## ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 May Day 2:30pm Coffee & Donuts	2 10:30 am Morning Coffee & Chat	3 8:00am Breakfast Club 10:30am Tuck shop	4 1:30pm Word Games DR
5 2:30pm Bingo DR 	6 10:00am Blood pressure & Weight Clinic -Wellness Centre	7 1:30pm Bingo with Kim 	8 130pm Residents Council Meeting 1st floor lounge	9 1:30pm Arts & Crafts with Marlene - Spring Hats, 2nd floor lounge	10 8:00am Mother's Day Breakfast Club 2:00pm Mother's Day Celebration with Cathy Wiles DR	11 2:30pm Coffee time 2nd floor lounge
12 Mother's Day 12:00 Mother's Day Lunch 	13 10:00am Blood pressure & Weight Clinic -Wellness Centre 2:30pm Ice Cream Social 	14 1:30pm Bingo with Kim 	15 2:00pm Church Service with Pastor Dwayne DR	16 130pm Arts & Crafts with Marlene Spring hats -2nd floor lounge	17 8:00am Breakfast Club 10:30am Tuck Shop	18 1:30pm Manicures 2nd floor lounge
19 2:30pm Bingo DR	20 Victoria Day 10:00am Blood pressure & Weight Clinic -Wellness Centre 	21 10:30am Morning Coffee & Chat 2:00pm United Church Service 2TV	22 1:30pm Baking Buddies with Pauline 	23 2:30pm Coffee & discussion - Birds of the Bible, in song, poetry & trivia	24 8:00 am Breakfast Club 1030am Tuck Shop DR 2:00pm Happy Hour with Eric Lambier DR	25 2:00pm Movie DR
26 2:30pm Bingo DR 	27 10:00am Blood pressure & Weight Clinic -Wellness Centre	28 1:30pm Bingo with Kim 	29 1:30pm Poetry & Punch 2nd floor lounge 	30 1:30pm Make, Cook & Eat DR - No- bake mini cheesecakes	31 8:00am Breakfast Club 10:30am Tuck Shop 2:00pm Birthday Celebration with Art Lajambe	Muriel A. May 16 May 31 Donna G. T. May 31 
May Flower: Lilies May astrological sign : Taurus until May 20th & then Gemini from May 21 May birthstone is Emerald						



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